DESTINATION: INDONESIA (BALI)

Ubud Wellness & Yoga *Retreat*

5 Days

Denpasar	Denpasar	April - October
Starts at	Ends at	Season

HIGHLIGHTS

Trip highlights

The moments this trip is built around.

- Stay at a jungle or rice-field retreat in Ubud
- Ulun Danu Beratan, the lake temple that appears to float on the water
- Photo stop at the Handara Gate framing the highland mountains
- Morning sound-healing session with singing bowls and gongs
- Tirta Empul purification ritual with a guide
- A fully open day for yoga, spa treatments, or a traditional Balinese healer

ITINERARY

Day-by-day itinerary

Your day-by-day plan. Everything is customizable — add nights, swap activities, or change hotels.

DAY 1 — Arrival in Bali, Transfer to Ubud

Meals: None
Accommodation: Resort

- Arrive at Ngurah Rai International Airport (DPS), Denpasar, met by representative
- Transfer to a jungle or rice-field retreat in Ubud, check in
- Free evening; arrival tea and early night, retreat pool and valley view the only plan

DAY 2 — Ulun Danu Beratan & the Handara Gate

Meals: B
Accommodation: Resort

- Breakfast at the retreat
- Drive up into the Bedugul highlands
- Visit Ulun Danu Beratan, the lake temple at Bedugul
- Photo stop at the Handara Gate on the return

DAY 3 — Sound Healing, Tirta Empul Purification & Free Evening

Meals: B, D
Accommodation: Resort

- Breakfast at the retreat
- Morning sound-healing session with singing bowls and gongs
- Travel to Tirta Empul for the guided water purification ritual
- Free evening with a plant-based dinner at the retreat

DAY 4 — Free Day: Morning Yoga or a Balinese Healer

Meals: B
Accommodation: Resort

- Breakfast at the retreat
- Free day
- Morning yoga class overlooking the valley
- Optional: consultation with a traditional Balinese healer, or a retreat spa treatment

DAY 5 — Departure

Meals: B

- Breakfast at the retreat
- Free morning for a final class or massage
- Check out and transfer to Ngurah Rai International Airport, Denpasar

PACKAGE PRICING

Package pricing

The more travellers in your group, the lower the price per person.

FROM **NRs 42,900** /person

✓ Tour · ✕ Flight · ✕ Visa

2 pax	NRs 44,400 /person
3–7 pax STARTS FROM	NRs 42,900 /person
8–13 pax	NRs 40,000 /person
14+ pax	NRs 39,600 /person

Prices are per person, land package only. International flights are billed separately, and we arrange them on request.

INCLUSIONS

What's included

Items	This package
3/4-star hotel accommodation Rooms are on twin or double sharing. Check-in is usually from early afternoon and check-out by noon; early check-in depends on the hotel.	✓
Meals as per itinerary Breakfast is at your hotel. Other meals are included only where the itinerary names them. Drinks are extra.	✓
Airport pickup and drop You are met at the airport when you land and dropped off for your flight home. Share your flight details when you book.	✓
All transfers as per itinerary Road travel between hotels and sights on each day of the plan. Trips outside the itinerary cost extra.	✓
Driver cum guide Your driver also guides you through each day of the plan, which keeps small groups flexible.	✓
All permits and entry fees Tickets and permits for the sights named in the itinerary. Places you add on your own are paid on the spot.	✓
International and domestic flights Fares change daily, so flights are priced separately. Ask us to add the best fare from Kathmandu to your quote.	✕
Indonesia e-visa Nepal is not on Indonesia's visa-on-arrival list. Apply online for a tourist e-visa at evisa.imigrasi.go.id before you travel.	✕
Travel and medical insurance Buy a policy that covers medical treatment and emergency evacuation for every day of your trip.	✕
Optional activities not in the itinerary Extra activities you choose along the way. Book them with us in advance or pay locally on the day.	✕
Tips for guides and drivers Tipping is up to you. A small tip for a guide or driver who did a good job is common and appreciated.	✕
Beverages and personal expenses Drinks, shopping, laundry, phone data and anything else you buy for yourself.	✕

Anything not listed here is not included.

- Subject to final booking agreement

LEGAL & POLICIES

Booking & cancellation

Operated by Zeta Tours & Travels Pvt. Ltd. · Effective 2 June 2026

PAYMENT SCHEDULE

1. **70% or above advance — at booking confirmation**
   A minimum 70% advance payment is required to confirm your booking and begin visa applications and ticketing.
2. **Remaining balance — after visa & tickets**
   The remaining balance is due after visa approval and ticket issuance.
3. **Full payment — before departure**
   Full payment must be completed before your departure date.

REFUND TIMELINE (CANCELLATION)

15+ days	FULL REFUND
8–14 days	PARTIAL REFUND
7 days or less	NO REFUND
No-show	NO REFUND

Introduction

At **Gomayu**, operated by **Zeta Tours and Travels Pvt. Ltd.**, we believe travel should be stress-free from the very first step. This policy outlines how bookings work, what happens if plans change, and what you can expect from us at every stage of your journey.

Non-refundable services

Some costs are committed to third parties the moment they are issued and cannot be recovered, regardless of cancellation timing:

- **Special hotel rates** and **Maldives resort bookings**.
- **Cruise packages** and pre-paid activities.
- **Issued flight tickets**, subject to airline fare rules.
- **Visa service fees** in case of delay or rejection.
- Unused services, early departures and voluntary trip curtailments.

Visa & flights

Visa services

- Visa approval is at the discretion of the respective embassy or consulate.
- Visa service fees are non-refundable in case of delay or rejection.
- Gomayu is not liable for any loss due to visa delay or rejection

Flight tickets

- All cancellations and changes are subject to airline fare rules.
- Gomayu is not liable for flight delays, cancellations or schedule changes.

No-show policy

- No refund will be issued for no-shows under any circumstances.

Liability & disclaimer

Gomayu is not liable for delays or cancellations caused by events beyond our control, including natural disasters, government actions, strikes or pandemics.

Talk to us

Questions about a booking or cancellation? Email info@gomayu.com or call +977 9768558250.

gomayu

Ready to book this trip?

Share your dates and group size. A Gomayu travel expert will build the best plan for you — free, no pressure.

View tour on web → · WhatsApp us

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This itinerary is indicative and subject to a final booking agreement. Prices, inclusions and day sequence may change with availability, season and group size. Zeta Tours & Travels Pvt. Ltd.